

PATIENT GUIDE

Please read in conjunction with the package leaflet.


(adrenaline nasal spray)

How to identify a severe allergic reaction

Use this medicine at the first signs or symptoms of a severe allergic reaction after exposure to an allergen, symptoms may include:

- Itching of the skin
- Raised rash (like a nettle rash)
- Flushing
- Swelling of the lips, throat, tongue, hands and feet
- Wheezing
- Hoarseness
- Shortness of breath
- Nausea
- Vomiting
- Stomach cramps
- Loss of consciousness
- Apprehension
- A fast heartbeat
- Fitting
- Diarrhoea (loose stools)
- Loss of bladder control

Symptoms may be difficult to recognize in younger children, consult the package leaflet for more information.
Always use this medicine as instructed by your doctor or nurse.



DO NOT hesitate to use as the severity of symptoms can quickly change.

Ensure you, your child, your family, carers, co-workers and teachers know how and when to use this medicine.



This medicine is available in two strengths for patients aged ≥ 4 years.

1 mg for patients weighing between 15 kg–30 kg and the 2 mg for patients ≥ 30 kg.

Storage and handling

Each single-use adrenaline nasal spray device contains one dose of adrenaline and comes in a blister pack with instructions for use.

Always carry two adrenaline nasal sprays with you in case a 2nd dose is needed.



Be sure to check the expiration date periodically and replace your adrenaline nasal spray before the expiration date.

Guide for correct use for patients & carers

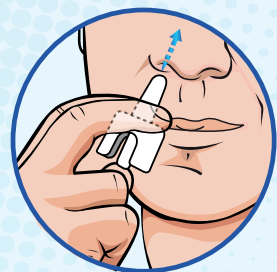
This training guide is designed to advise you on what you should do in the event of a severe allergic reaction or anaphylaxis. Both patients and carers should familiarise themselves with this guide to ensure they can recognise the symptoms of an allergic reaction and know how to safely and effectively administer this medicine.



1. Hold

Hold the nasal spray as shown. Hold the nasal spray with your thumb on the bottom of the plunger and one finger on either side of the nozzle.

DO NOT pull or push on the plunger.
DO NOT test or pre-spray; each nasal spray has only one dose.



2. Place

Insert tip of nasal spray into a nostril until your fingers touch the nose. Hold straight, pointing towards the forehead.



3. Press

Press plunger up firmly until it snaps up and sprays into the nostril.

DO NOT angle the nasal spray to the inner or outer walls of the nose.

After using this medicine

Seek emergency medical assistance immediately for close monitoring of the anaphylactic reaction and in the event further treatment is required. If you are unable to make the call, get someone else to call for you.

When using this medicine

If necessary, patients can lie down with feet raised but they should sit up if they have breathing difficulties. Unconscious patients should be placed on their side in the recovery position to prevent choking. If symptoms do not resolve, you should, if possible, remain with another person until medical assistance arrives.

Monitor patient symptoms

If symptoms continue to worsen or reoccur after approximately 10 minutes, or in any dosing error, give a 2nd dose using a new adrenaline nasal spray in the SAME nostril as the first dose and seek urgent emergency medical assistance.

This patient guide fulfils the conditions of the marketing authorisation and has been approved by the HPRA / version 01 / June 2026.



What is EURneffy®?

This medicine is an adrenaline nasal spray for adults and children aged 4 years and over with a body weight of 15 kg or more for the emergency treatment of severe allergic reactions, including anaphylaxis (sudden, severe and sometimes life-threatening allergic reactions), to insect stings or bites, foods, medicines and other allergens (substances that cause an allergy) as well as idiopathic anaphylaxis (the cause of anaphylaxis is not known) or anaphylaxis caused by exercise.

Educational materials for this medicine, including a copy of the package leaflet and instructions for use are available online at www.EURneffy.eu

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly to the HPRA via HPRA Pharmacovigilance; Website www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine. Side effects may also be reported to ALK-Abelló Ltd. via email DrugSafetyUK@alk.net

**Use this medicine
as soon as you
notice symptoms
of a severe allergic
reaction.**